

fairtradeinverness

THE CITY **in** THE HIGHLANDS

Scottish Charitv no: SCO40778

Welcome to our latest NEWS UPDATE

November 2015 Issue 6

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1. The Annual Fairtrade Bazaar planned for 28th November 2016 has been CANCELLED.

Sorry to start with bad news ... but owing to several factors we have had to call off our Bazaar at the end of November.

BUT we are already planning for next year In 2016, the Bazaar will take place on Saturday 19th November in the Town House.


When you are doing your Christmas shopping this year or buying the ingredients for your cake please think about paying our regular stallholders a visit . Here's a reminder of some of them:


1. Green Kite Trading, Strathpeffer -
www.greenkite.co.uk

2. Highland Wholefoods – Inverness
www.highlandwholefoods.co.uk

3. Oxfam – Lombard St, Inverness
www.oxfam.org.uk

4. Traidcraft – contact Jane Bryant 01381 620536
or www.traidcraftshop.co.uk

5. Rampant Yak
Rampant Yak can be found on Face Book 

6. Holy Land Institute for the Deaf –
Holy Land institute for the Deaf can be found on 

7. Hadeel, Palestinian Fairtrade Shop
www.hadeel.org

8. Malawi Kitchen – *rice*
www.justtradingscotland.co.uk

9. One World Shop Edinburgh
www.oneworldshop.co.uk

2. What's coming up?

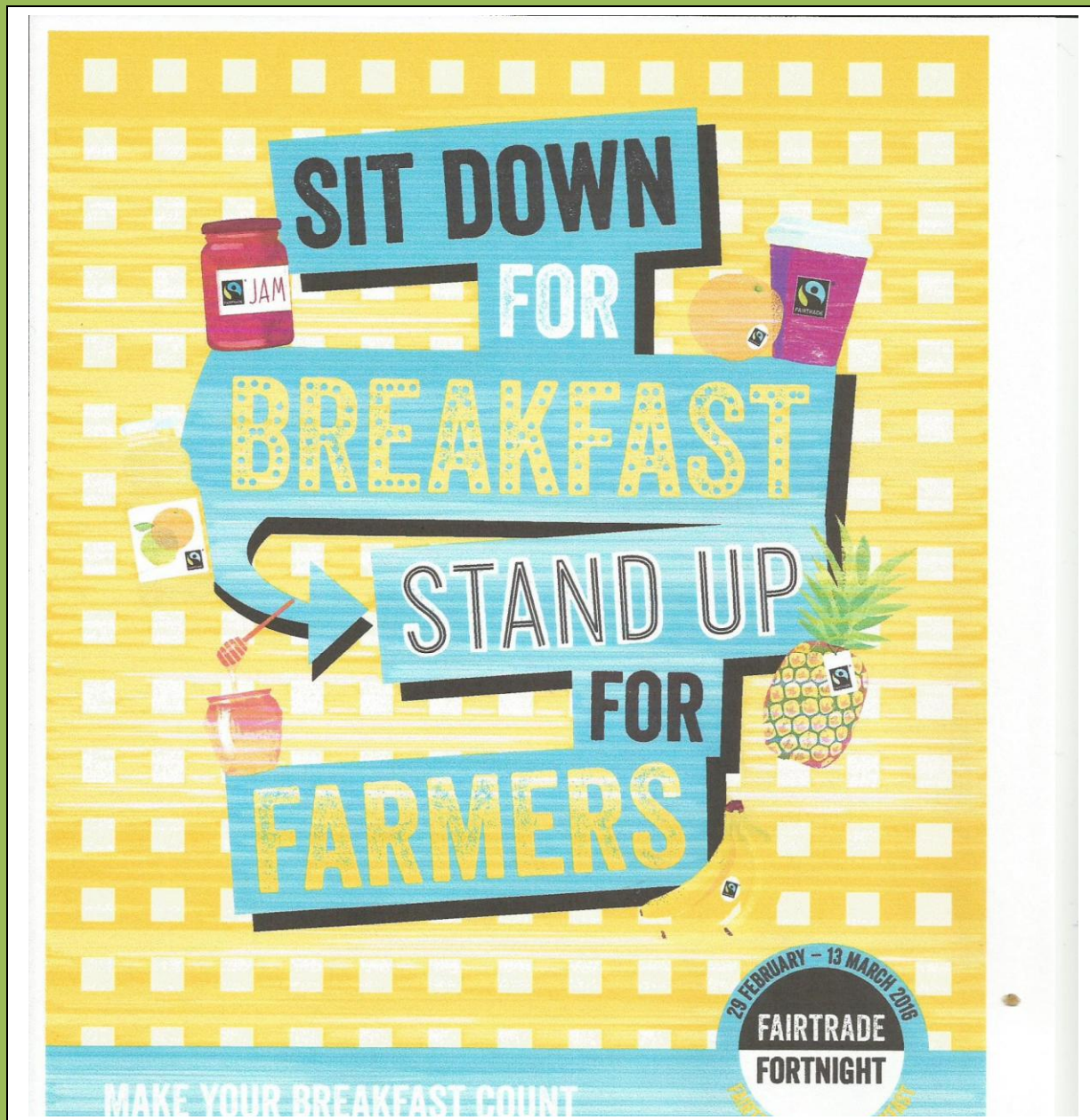
A Big Breakfast is the focus of 2016's **Fairtrade Fortnight** – 29 February to 13 March.

Watch out for early morning events featuring
coffee, tea, hot chocolate, marmalade, orange juice, bananas and so on

Remember

Before you've eaten breakfast in the morning, you've depended on more than half the world

Martin Luther King



3. What's been happening?

3a The AGM

There were some changes made at our AGM this September. We were pleased to welcome our new Chairperson, Hilary Mackay, who was delighted to hear Hilary Lawson would be Vice-chair for a year of transition. We also established a new post of Media Coordinator. Sam Oxby enthusiastically embraced this and opened our eyes to all sorts of opportunities especially through various strains of social media. Our business meeting was followed by a very enjoyable session with Joe Human who not only introduced us to the work his Fairtrade group in Keswick does with tourist bodies but also shared his passion for the link Keswick has made with coffee producers in Ethiopia.



3b Working with Tourism

We are working with the B and B Association and others to encourage the use of Fairtrade ingredients on Hostess Trays and at Breakfast time. Angus Noble, the Chair of Invenress B and B Association, came to talk to us at one of our meetings. We are exploring ways to promote B and Bs that offer Fairtrade products to their guests.



3c Successful renewal of Inverness Fairtrade City status!

The letter from the Fairtrade Foundation concerning renewal of Fairtrade City Status has been circulated. It complimented us on the level of activity we have managed especially referring to:

- Our engagement with social media
- Our news update for 'friends'
- Our successful outreach with the Bazaar and collaboration with HC
- The installation of the road signs.

29 July 2015

Dear Hilary,

Congratulations to you and your group for successfully renewing Fairtrade City status for Inverness. Please find enclosed your new Fairtrade City renewal certificate.



3. Cont What's been happening?

3d Be-lated review of Fairtrade Fortnight 2015

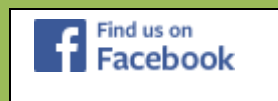
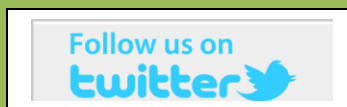
3d(i) Inverness Fairtrade Group served delicious Malawi Mzuzu Fairtrade Coffee from Traidcraft to councillors at the full Highland Council Meeting on Thursday 12th March. This was one of several activities to promote Fairtrade Fortnight. There was lots of good conversation about the role Fairtrade can play in encouraging us all to live a bit more sustainably. Traidcraft products were available too and were well received. Sales were high!



3d(ii) On Saturday 14th March Inverness Fairtrade Group contributed to the colourful event to mark International Women's Day held at Merkinch Community Centre. Highland Multicultural Friends coordinated much of the day while we served Fairtrade teas and coffees and invited people to taste Fairtrade fruit and chocolate at our ever popular chocolate fountain.

4. KEEPING IN TOUCH!

You can find out more about what we are up to by following us on Twitter or Facebook.



We also have a page on Highland One World's website ☐
<http://highlandoneworld.org.uk/schools/fairtrade/inverness-fairtrade-news>

If you have information to share with us or would like to get in touch with us please contact us
Email: invernessfairtrade@gmail.com

5. Another Fairtrade Recipe

Fairtrade Banoffee Pie

Crunchy, sweet, creamy and chocolatey, oooh yes please.

This delicious sweet course should be made ahead of time and kept chilled until served. Quantities are for four generous portions, can be stretched a little.

Ingredients

Pie base:

250 g plain digestive biscuits
125 g margarine

Pie topping:

175 g FAIRTRADE raw cane sugar
175 g margarine
400 g condensed milk
3 medium FAIRTRADE bananas
1 FAIRTRADE lemon
150 ml whipping cream
1 small bar darkly divine FAIRTRADE chocolate

a spoon.

Place in the refrigerator for 60 minutes or so.

Make the topping

Over a gentle heat, melt the margarine and stir in the sugar and condensed milk.

Bring slowly to a boil, turn down to a simmer, and simmer for 4 or 5 minutes, stirring continuously until the mixture browns.

Pour over the biscuit base and place back in the refrigerator until the mixture has set.

Peel and chop the bananas.

Toss the bananas in the lemon juice, and then make a layer of bananas over the base, reserving a few for decoration.

Whip the cream until thick and make a cream layer over the bananas.

Decorate with the remaining bananas and grated Darkly Divine chocolate.

Method

Preparation

Juice the lemon and discard the skin and pips.

Crush the biscuits as if you were making bread-crumbs².

Make the base

Grease the bottom of a round, 20 cm baking tin.

Melt the margarine over a gentle heat in a saucepan and stir in the biscuit crumbs.

Place the biscuit mix in an even layer on the bottom of the tin and smooth out with the back of

To serve

Serve chilled.

Variation

There are no variations suggested.

This needs ripe, but only slightly spotty bananas.



6. Diary Dates!

1. Saturday 7th November Traidcraft Sale Fortrose Townhall 10am - 12 noon All Welcome
2. Saturday 7th November Traidcraft Sale Fortrose Townhall 10am - 12noon All Wel□me
3. 29 February – 13 March 2016 Fairtrade Fortnight
4. Saturday 19th November 2016 - Annual Fairtrade Bazaar, Town House, Inverness